

Abundance	A special blend of oils that the Pharaohs used to attract prosperity – remarkable for dispelling fear and allowing effortless manifestation of abundance in all forms. Place a drop on one wrist, and rub the wrists together.
Acceptance	Accept your current circumstances, as difficult or uncomfortable as they might be. Place a drop on the wrists or heart.
Awaken	A Master Blend of 5 other blends (Forgiveness, Harmony, Present Time, Dream Catcher and Joy), which opens us to our highest potential. Place a drop on the edges of the pillow, or on the third eye or crown chakra.
Believe	Trust and Believe in yourself. Place 1 to 2 drops on the wrist or heart.
Build your Dream	Take steps to bring your dreams into reality. Place a drop on your temples.
Clarity	Bring clarity and insight to any decision or problem. Inhale from the bottle, diffuse, or place a drop on your third eye (near the centre of the forehead). <b>Caution:</b> Clarity is highly photosensitive, so if applied topically, protect this area from direct sunlight or UV light for 24 to 72 hours.
Common Sense	Tackle life face-on, instead of living “up in the clouds”. Place a drop on the back of the neck, near the occiput (skull).
Dream Catcher	Keep negative people, thoughts and influences at bay, allowing the positive to shine through. Place a drop on the edges of the pillow, under the big toe, or on the third eye or crown chakra.
En-R-Gee	Bring energy and vitality into your life. Place a drop on the throat and adrenal area, or drip up the spine. <a href="#">Click here</a> to learn about a special morning ritual with En-R-Gee oil.
Envision	A manifestation oil – use to amplify your goals and desires. Place a drop on the wrists or third eye.
Forgiveness	Set yourself free, by forgiving those you believe have harmed you. Place a drop on the heart, navel or wherever you feel drawn to place it.
Gathering	Bring scattered energies into alignment, allowing goals to be more easily achieved without self-sabotage. Place a drop or two on the heart or navel.
Gentle Baby	Nurture and bless a newborn child, or the child within. Diffuse, or wear a drop on the heart or wrists.
Gratitude	Turn resentment or bitterness into heart-felt gratitude. Place a drop on the heart.

Grounding	Anchor and ground your energy in your physical body. Place a few drops on the neck, lower back, or under each foot.
Harmony	Balance your chakras, and transform disharmony into harmony in your relationships. Diffuse, place a drop on each chakra, or wear a drop on the heart or wrists. <b>Caution:</b> Avoid this oil if susceptible to epilepsy.
Highest Potential	Go beyond your limitations, and reach for the stars. Place a drop on the heart, throat or wrists.
Hope	For when you feel stuck and don't know where to turn. Place a drop on each ear lobe, or on the throat or heart area.
Humility	Transform arrogance and/or self-righteousness into humility. Place a drop on each shoulder, or on the heart or wrists.
Inner Child	Bring the high-spirited and fun inner child out to play. Place a drop or two on the navel or heart.
Inspiration	Use for channeling, prayer, meditation – and any time you want inspiration to flow in your life or onto paper. Place a drop on the third eye.
Joy	Carries the frequency of joy, to make your heart sing. Place a drop over the heart.
Live your Passion	Give yourself permission to live your passion and express your truth. Place a drop on your heart, throat or anywhere you feel drawn.
Magnify your Purpose	Gain clarity around your life's purpose, and help to bring it into reality in a magnificent way. Diffuse on its own or with Orange oil, or place a drop anywhere you feel drawn.
Motivation	Release procrastination and move forwards with ease and enthusiasm. Place a drop on the wrists, heart or lower back.
Peace & Calming	Be calm and relaxed, even during stressful times. Place a drop under each foot or on the heart or shoulders.
Present Time	Anchor yourself in the present moment, in order to see more clearly what is around you. Place a drop on the thymus (upper chest), heart or wrists.
Purification	Cleanse your energy field and home of jumbled emotions and negativity. Add 10 to 20 drops to your diffuser.

Release	Let go of tension and anger (including muscular tension). Place 3 drops on the liver, throat, or on any area of muscle tension.
Sacred Mountain	Containing tree oils, this blend reminds you that you are safe and protected, like an animal protected under the canopy of the forest. Place a drop or two on the heart.
SARA	To help accept and release any past or present abuse, be that physical, emotional or psychic, and self-inflicted or external. Place a drop or two on any area of the body that has experienced trauma or abuse.
Sensation	Inspires self-love and sexual connection. Place a drop on the heart or on the sexual chakra (a hand's width below the navel).
Shutran	Empowers strength, masculinity and fortitude. Place 4 drops (women) or 8 drops (men) on the forearms.
Stress-away	Calming in the face of any stressful situation. Use whenever there's a tendency to reach for unhealthy habits to squash down uncomfortable emotions. Diffuse, or place a drop on the heart, wrists or shoulders.
Surrender	Let go of the intense need to control yourself or others. Place a drop on each shoulder.
3 Wise Men	Increases spiritual and emotional receptivity, so you can more easily receive the love, help and healing that is all around you. Place a drop on the crown.
Transformation	Transform your attitude, emotions and environment. Diffuse, or put a drop on the wrists or solar plexus chakra (a hand's width above the navel).
Trauma Life	Brings to the surface memories and emotions associated with trauma, so they may be released. Place a drop on the heart, or on any area that is holding emotional upset.
Valor	The rescue remedy of essential oils, balancing both the aura and physical body. Place 3 to 6 drops under each foot, rotating clockwise to activate the oil. Also beautiful to place on the neck, heart, shoulders or spine. <i>Optional:</i> Add Frankincense oil over the top of the area where Valor was applied.
White Angelica	Seals the aura, protecting you from negative people and influences. It also helps maintain energy levels by reducing the tendency to over-extend yourself. Apply 3 drops to each shoulder.